

Small Acts of Kindness - Sharing Thanksgiving

Consider the roads taken and not taken in your life. Undoubtedly as Robert Frost suggested it has made all the difference. You hold an honored position in Ohio's judiciary, but how did that happen? If you had a close family member in the judiciary, becoming a judge may have been a lifelong dream. For most there were many helping hands along the way: family, teachers, professors, legal colleagues, friends and judges you admired, just to suggest a few.

Others helped you see in yourself the qualities worthy of judicial office - integrity, compassion, common sense, even temperament and requisite intellect. Over the past eight months your mettle has been tested. The storm is not over but you have found the strength to soldier on, proving the wisdom of those who encouraged you to become a judge. Your decision to assume the obligations of a judicial robe is of critical importance to your community, particularly now, as as addiction and suicide spiral upward for those overwhelmed by COVID confusion.

It is never too late to acknowledge the mentoring that helped shape your life. Take the time for one letter, card, phone call or visit each day to thank the special folks that impacted you. For those no longer living, let their surviving family know how much their mom or dad meant to you. Small acts of kindness can make a huge difference. Try expressing your appreciation for friendships and guidance from now until Thanksgiving Day. Each of us carries the burden of missed opportunities to say thank you to someone very special in our lives - don't add to that list. Make November a month of sharing Thanksgiving. You will be forever glad you did.

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5 Things Judges Can Do to Cope with Isoloation and Lonliness

In 2019, the American Bar Association Commission on Lawyer Assistance Programs (CoLAP) released the 2019 National Judicial Stress and Resilience Survey, which identifies the primary sources of judicial stress. Of the 1,034 judges who were surveyed, 50.3 percent said that isolation leads to their stress. Feelings of loneliness and isolation can lead to depression and anxiety.

To prevent this, judges must understand loneliness and isolation. They should also know that it's ok to feel like you are not ok. These feelings are valid. We are living in an unknown environment, and it is normal to have these thoughts. If these feelings start to interfere with your life—e.g., you start sleeping too much, you cannot get your work done, you are irritable with your family and co-workers—then it might be time to ask for help.

Read more

About the Judicial Advisory Group

As a member of the judiciary, do you ever struggle with the day-to-day responsibilities that come along with the job? Do you know other judges or magistrates who are struggling?

The Judicial Advisory Group (JAG) can help. JAG is comprised of judges who work with the Ohio Lawyers Assistance Program (OLAP) to provide confidential assistance to the judiciary. Brought to you by the Ohio Judicial Conference and OLAP, JAG helps the judiciary in several areas:

- * Issues of judicial temperament and diligence that on their face do not rise to disciplinary violations
- * Burnout, stress, and other debilitating conditions
- * Depression or other mental health issues
- * Substance use disorder (alcohol and drugs)
- * Screen referrals regarding judges/magistrates to be sure they represent genuine concerns
- * Respond to judges/magistrates who need help in ways that address the demands of their responsibilities and positions

Click here to learn more about JAG.

OJC TIPS AND TRICKS

This is a fluid list that will constantly change. We will always be adding items as they become frequent questions, but if you have anything to add, please feel free to contact Justin Long.

- Feel free to submit any articles you would like to have added to the quarterly For the Record in the future.
- The <u>Judicial Advisory Group (JAG)</u> is available for judges who need need a group to extend its ability to provide confidential assistance to judges.
- Please fill out a "Who Do You Know" form to let the OJC know who you know in the legislature or the administration.
- For help signing into the Ohio Judicial Conference's website, www.ohiojudges.org, please see this document.
- Annually, the OJC hosts a Judicial-Legislative Exchange program, which allows a day for judges to come to Columbus to shadow legislators, hopefully from their districts. The idea is for the legislators to then shadow the judges in their court for the day.
- Did you know that if you log in to the Judicial Conference website and go to <u>associations</u>, you can choose your judicial association and see the summer and winter meeting dates?
- The Judicial Conference Jury Instructions Committee posts <u>recently revised jury instructions</u> on the Judicial Conference website.
- The website was recently updated with a few notable changes. One of those changes was the addition of a <u>calendar</u> which is matched up with our list of events.
- Another addition is the "Outreach that Works" link, which allows judges to submit any recommendations that help them to reach out to the public, whether it be publications, websites, suggestions on events, etc.
- A notable connection to help all judges is the <u>National Center for State Courts</u>, or the NCSC. This site helps to promote the rule of law and improves the administration of justice in state courts and courts around the world.

Program Planning During A Pandemic

A Young Women's Symposium: Know Your Worth

By Tammie K. Hursh, Judge, Lima Municipal Court

This article is intended to encourage and inspire judges to think creatively when responding to the needs of their community that directly impact the justice system. It is a description of a relatively small community and court effort to address the sustained and negative impact the pandemic and subsequent personal isolation has had on those at risk of criminal justice interventions.



The year of 2020 with its pandemic, racial tensions, and political strife has been incredibly difficult for persons under supervision and in our treatment populations. In early spring it became clear that our county was struggling with an increase in incidents of domestic violence and criminal complaints against persons with mental health and substance abuse disorders. As Ohio continued to be closed, except for essential services, people were at home struggling without adequate social services and support. Locally we also were seeing more acts of violence between young women and there were reports that several of our drug court participants were involved.

As a Court we wanted to intervene but we knew it had to be in a way that was atypical. We enlisted the aid of community leaders who expressed an interest in the cause. A committee was formed that included the probation department, mental health and substance abuse service providers, law enforcement, neighborhood organizations, Bluffton University Lion and Lamb Peace Center, and crime victim services agencies. The goal was to provide a free informational and inspirational program for young women, between the ages of 18 and 26, that would improve their self-esteem, help them to "know your worth" and provide them with communication skills designed to promote more peaceful resolutions to conflict. And all of this need"I learned.. how you can calm yourself down, and that is just what I needed."

- a Participant

ed to be planned safely during a pandemic. The format was simple. We would hold the event outside at a community garden where masks would be worn and public distancing could be accomplished. Of course hand sanitizer was provided. We advertised the event on social media and referred young women involved in our treatment courts and probation services. The event was held on October 17, 2020 and the attendees were able to participate in four separate workshops focusing on self-esteem, peaceful communication, sisterhood building, and trauma. They were also able to hear from older women in the community that had a history of substance abuse, trauma, or mental health issues and were able to recover and lead successful and fulfilling lives. At the end of the program, the Lima Police Department served lunch and door prizes were awarded. It is hoped that the attendees were able to take away positive messages and apply new skills for conflict resolution and peaceful communications. According to Marjean Warren, Chief Probation Officer at Lima Municipal Court, the event was a success. Reportingly, a handful of the young women continue to talk about the symposium and have asked when another program will take place.

"...with all the trauma from the past couple months with Corona, I got lost. But I came back."

- a Participant



COURSE CALENDAR

(for Judges, Magistrates, Acting Judges, Court Personnel, Judicial Candidates, Guardians)

NOTE: Judicial officers and attorneys are allowed up to 24 credit hours for live webinars and 12 credit hours for self-study online courses during a biennial compliance period. The Supreme Court of Ohio has waived these self-study caps for <u>judicial officers and attorneys with the last names beginning with M-Z for the compliance period ending Dec. 31, 2020</u>. Refer to course announcements for approved Judicial College hours or visit <u>OhioCourtEDU</u>.

DATE		COURSE	<u>FOR</u>	LOCATION				
November 2020								
3	Tue	Probation Officer Training Program: Introduction to Offender Skill Building (9:00 a.m 12:00 p.m.)	By Invitation Only	Webinar/ Online				
3	Tue	Probation Officer Training Program: Introduction to Offender Skill Building (1:00 p.m 4:00 p.m.)	By Invitation Only	Webinar/ Online				
4	Wed	Cyberstalking and Elder Abuse: What They Are and What You Can Do	Court Personnel	Webinar				
4 - 5 9 - 10	Wed - Thu Mon - Tue	Court Management Program (CMP): Workforce Management	CCM Class of 2020	Webinar				
6	Fri	Evidence (11:30 a.m 1:15 p.m.) CANCELED	Judges & Magistrates	Webinar				
6	Fri	Evidence Based Practices to Reduce Recidivism with Sexual Offenders	Probation Officers	Webinar				
10	Tue	Guardian ad Litem Continuing Education: Trauma CANCELED	Guardians ad Litem	Youngstown				
12	Thu	Judicial Conduct: Getting Explicit About Implicit Bias and Afrocentric Facial Feature Bias in the Courtroom (12:00 p.m 1:45 p.m.) (judicial/professional conduct hours will be requested)	Judges & Magistrates	Webinar				
13	Fri	Domestic Relations Fall Seminar (8:55 a.m 3:30 p.m.)	Judges & Magistrates	Webinar				
13	Fri	Judicial Transitions: Maintaining Smooth Court Operations During Change (11:30 a.m 1:15 p.m.)	Court Personnel	Webinar				
17	Tue	Probation Officer Training Program: Professional Communication – Verbal and Written Skills (9:00 a.m. – 12:00 p.m.)	By Invitation Only	Webinar/ Online				
17	Tue	Probation Officer Training Program: Professional Communication – Verbal and Written Skills (1:00 p.m 4:00 p.m.)	By Invitation Only	Webinar/ Online				
18	Wed	Guardian ad Litem Continuing Education: Understanding Child Protective Services	Guardians ad Litem	Webinar				
18	Wed	Ethics for Clerks in 2020: What are the Right Choices?	Court Personnel	Webinar				
19	Thu	Guardian ad Litem Pre-Service Course	Guardians ad Litem	Webinar				

For self-study online courses, available 24/7, click here.

November 2020

19	Thu	The Model Standards of Practice for Child Custody Evaluations	Court Personnel	Webinar			
20	Fri	The Basics of Eminent Domain (11:30 a.m 12:45 p.m.)	Judges & Magistrates	Webinar			
December 2020							
1	Tue	Probation Officer Training Program: Introduction to Offender Behavior Management (9:00 a.m12:00 p.m.)	By Invitation Only	Webinar/ Online			
1	Tue	Supervisor Series: Race MattersNavigating Inclusion and Belonging Leadership	Court Personnel	Webinar			
2 - 3	Wed - Thu	Ohio Common Pleas Judges Association (OCPJA) Winter Conference (judicial conduct hours will be requested)	Judges*	Webinar			
3	Thu	Pretrial Services Agencies Seminar	Judges & Court Personnel	Webinar			
3	Thu	Street Smart on Drugs	Probation Officers	Webinar			
3 - 4	Thu - Fri	Ohio Association of Juvenile Court Judges (OAJCJ) Winter Conference (judicial conduct hours will be requested)	Judges*	Webinar			
4	Fri	Acting Judges Essentials Webinar Series: Search Warrants and Sealing the Record	Acting Judges	Webinar			
7 - 10	Mon - Thu	New Judges Orientation, Part I (judicial conduct hours will be requested)	New Judges	Webinar			
11	Fri	NEW: Legal Writing for Judicial Attorneys Webinar (12:00 p.m 2:45 p.m.)	Court Personnel	Webinar			
14	Mon	NEW: Rule 48 Amendments (12:00 p.m 1:45 p.m.)	Guardians ad Litem, Judges, & Magistrates	Webinar			
15	Tue	Probation Officer Training Program: Introduction to Cognitive-Behavioral Interventions (9:00 a.m12:00 p.m.)	By Invitation Only	Webinar/ Online			
16	Wed	Guardian ad Litem Pre-Service Course	Guardians ad Litem	Webinar			
17	Thu	Clerks Seminar	Court Personnel	Webinar			
17	Thu	Guardian ad Litem Continuing Education: The GAL Interview (9:00 a.m 12:15 p.m.)	Guardians ad Litem	Webinar			
17	Thu	Guardian ad Litem Continuing Education: Report Writing	Guardians ad Litem	Online			
18	Fri	Judicial Conduct: Ethics (11:30 a.m 1:15 p.m.) (judicial/professional conduct hours will be requested)	Judges & Magistrates	Webinar			

For self-study online courses, available 24/7, click here.

PLEASE NOTE:

This schedule is SUBJECT TO CHANGE. View the Judicial College homepage for course schedule updates and additional information via http://www.supremecourt.ohio.gov/Boards/judCollege/default.aspx#.

To register for a Judicial College course or to view a course announcement, please visit our online registration site at http://www.supremecourt.ohio.gov/Boards/judCollege/default.aspx#.

- 1. Every two years, full-time judges, part-time judges, and retired judges eligible for assignment are required to obtain 40 hours of CLE. Of the 40 hours, 10 hours must be obtained from the Judicial College and include 3.00 hours of judicial conduct. (Gov.Jud.R. IV, §3).
- 2. Every two years, magistrates are required to obtain 40 hours of CLE. Of the 40 hours, 10 hours must be obtained from the Judicial College and include 3.00 hours of judicial/professional conduct. (Gov.Bar R. X, §10).
- 3. Every two years, acting judges are required to obtain 24 hours of CLE. Of the 24 hours, 10 hours must be obtained from the Judicial College and 2.50 hours of professional conduct are required. Acting Judges may obtain professional conduct hours from the Judicial College or another approved provider. (Gov.Bar R. X, §11).
- 4. Full-day courses of judicial and legal education typically consist of 5.5 Judicial College or CLE credit hours and are from 9:00 a.m. 4:00 p.m., unless otherwise noted.
- 5. Up to 12 hours of "self-study" are allowed during a biennial compliance period, pursuant to Gov.Jud.R. IV, §5 and Gov.Bar R. X, §5. The Judicial College has dozens of courses available online. There is no cost for these courses and judicial officers may take them on their own schedule and in their own environment. For a list of Judicial College online courses go to http://www.supremecourt.ohio.gov/Boards/judCollege/calendars/OnlineSS.pdf
- 6. Webinars allow individuals to participate in these courses via their personal/work computers. These hours are not self-study credit hours. Check individual course announcements for the time of the courses and approved credit hours.
- 7. The Judicial College cannot accept registration for courses until the course announcement has been emailed and online registration is opened through OhioCourtEDU.
- 8. (*) Indicates course registration through an association. Please check the event announcement when it is distributed by your association to confirm the credit hours to be offered.
- 9. For all non-association courses, please check the Judicial College course announcement when it is emailed to confirm whether judicial and/or professional conduct hours will be offered.
- 10. There is no pre-registration or tuition for the Judicial Candidates Seminars. Please note, if elected, new judges must attend New Judges Orientation pursuant to Gov.Jud.R. IV, §10.
- 11. Additional providers and courses for probation officers (e.g., firearms) and court security officers (e.g., subject control, formerly "defensive tactics") can be accessed via the following links

 http://www.supremecourt.ohio.gov/Boards/judCollege/courtSecurityEd/default.asp and

 <a href="http://www.ohioattorneygeneral.gov/Law-Enforcement/Ohio-Peace-Officer-Training-Academy/Course-Catalog/Course-Cat

Please refer to individual course announcements for the approved Judicial College or CLE credit hours and for course registration information.

To access Gov.Jud.R. IV and Gov.Bar R. X, please go to: www.supremecourt.ohio.gov/LegalResources/Rules/default.asp. To access CLE rule changes and FAQs, go to: www.supremecourt.ohio.gov/AttySvcs/CLE/ruleChanges2014/judgeFAQ.asp.

OHIO JUDICIAL COLLEGE

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VISIT THE OHIO JUDICIAL CONFERENCE WEBSITE!

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